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Morgan Arts Council – Berkeley Springs, WV

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## LEARN TO JUGGLE IN FUN-FILLED WORKSHOP AT THE ICE HOUSE

BERKELEY SPRINGS, WV—For more than 35 years Bounce and Karen Grant-Margil have traveled the world performing and teaching the art of juggling. They share their skill in a workshop for all ages presented on Thursday, October 4 at 7 p.m. at the Ice House.

Many people try to learn juggling but give up too quickly. “Everyone can learn to juggle—all it takes is determination, concentration and practice,” say Bounce and Karen – and some tips attendees learn in the workshop.

The duo is known for their skill in teaching juggling in school programs around the country. They are in Berkeley Springs as part of MAC’s Adopt a School arts program in the Morgan County schools, teaching juggling to fifth-graders.

Learning to juggle teaches problem-solving and patience, challenges the brain, involves science and math, helps improve behavior skills of students in the classroom and can raise grades. Success in juggling improves self-confidence and self-esteem.

In addition to the fun-factor, juggling builds confidence in throwing and catching as well as coordination and balance, which are the basis of many sports activities.

Admission for Thursday’s workshop is free, however preregister by calling Morgan Arts Council is appreciated.

This program is presented with financial assistance from the WV Department of Arts, Culture and History, and the National Endowment for the Arts, with approval from the WV Commission on the Arts, Eastern West Virginia Community Foundation, Tom & Virginia Seely Foundation, the Clay Center, & local hotel/motel taxes.

The Ice House is at the corner of Independence and Mercer Streets in downtown Berkeley Springs, WV. For more information on this and other MAC activities, call 304-258-2300 or visit [www.macicehouse.org](http://www.macicehouse.org).